

# ACTION STEPS TO THRIVE

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THANKFUL - WHAT DO YOU HAVE NOW THAT YOU ONCE ASKED FOR?

HABITS - WHICH HABITS WILL YOUR FUTURE SELF THANK YOU FOR?

RECEIVE - ARE YOU TRULY READY FOR THE FULLNESS OF YOUR DESIRE?

INSPIRED ACTION - WHAT GETS YOU THE MOST EXCITED TO DO NEXT?

VISION - HOW MUCH MORE CLEARLY CAN YOU OUTLINE YOUR VISION?

ELEVATE - WHAT STEP CAN YOU TAKE TO ELEVATE YOUR STATE TODAY?

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# DON'T JUST SURVIVE, THRIVE

**THRIVE** provides a blueprint for personal growth and fulfillment. It starts with being 'Thankful' for current blessings, recognizing their value. 'Habits' emphasizes the foundation of our future through present actions.

'Receive' challenges our readiness to embrace desires, while 'Inspired Action' directs us towards passion-driven tasks. 'Vision' underscores the importance of a clear, detailed roadmap for our aspirations. Lastly, 'Elevate' inspires daily efforts to enhance our state of being. Together, these elements offer a comprehensive guide to truly thriving in life.

## THANKFUL

WHAT DO YOU HAVE NOW THAT YOU ONCE ASKED FOR?

**Recognizing the blessings in your life cultivates an attitude of gratitude. Reflect on your past desires that are now realities. By acknowledging what you once yearned for and now possess, whether tangible or intangible, you develop a deeper appreciation for your journey and a profound sense of contentment.**

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# HABITS

WHICH HABITS WILL YOUR FUTURE SELF THANK YOU FOR?

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**Habits are the building blocks of our daily lives. The practices you establish today lay the foundation for your future. Consider the habits that will bring long-term benefits, align with your goals, and contribute to your well-being. Implementing them now ensures a brighter, healthier, and more productive future.**

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# THREE

## RECEIVE

ARE YOU TRULY READY FOR THE FULLNESS OF YOUR DESIRE?

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**Openness to receiving encompasses more than just materialistic desires. It's about emotional and spiritual readiness. Question your preparedness to embrace the entirety of your aspirations, ensuring you're not subconsciously blocking potential blessings or opportunities from coming into your life.**

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## INSPIRED ACTION

WHAT GETS YOU THE MOST EXCITED TO DO NEXT?

**Beyond mere actions, those rooted in inspiration often lead to the most fulfilling outcomes. Identify what truly sparks your enthusiasm and passion. Pursue what ignites your excitement, as these are the endeavors that often align most closely with your inner purpose and bring profound satisfaction.**

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# VISION

HOW MUCH MORE CLEARLY CAN YOU OUTLINE YOUR VISION?

**Clarity in vision is pivotal for direction and motivation. While it's essential to have dreams and aspirations, defining them with precision allows for more targeted efforts. Dive deep into detailing your vision, breaking it down to comprehend the path you must traverse to actualize it.**

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# ELEVATE

WHAT STEP CAN YOU TAKE TO ELEVATE YOUR STATE TODAY?

**Every day presents opportunities for growth and elevation.**

**Whether it's improving your mindset, learning a new skill, or simply choosing positivity over negativity, deliberate actions can significantly uplift your state. Identify and execute at least one action daily that enhances your overall well-being and outlook.**

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